



# What do I need to know about the new rules for Medicaid in H.R.1?

**Medicaid** is a joint federal and state program that provides free or low-cost health coverage to millions of Americans with limited income and resources.

**H.R. 1** is a new federal law that changes employment and renewal requirement rules.

---

## Will I lose my Medicaid?

Michigan will send letters, emails, or texts if your coverage is changing.

- **Make sure your contact information is up to date in MI Bridges.**
  - Open all mail from Medicaid.
  - Respond quickly - if you do not respond, you will lose Medicaid coverage.
- 

## What is changing for Healthy Michigan Plan members?

Starting January 1, 2027, changes for adults ages 19–64 in Healthy Michigan include:

### Renewal Requirements:

Renewal means Medicaid checks if you still qualify using documents such as Pay stubs, Proof of address, or Household information.

- You will need to renew Medicaid **every 6 months** instead of once a year.
- This means you will need to send paperwork more often.
- If you do not send the papers back on time, your coverage will stop.

### Work Requirements:

- Adults 19-64 are required to work, job train, or volunteer **80 hours per month**.
- You will be required to submit proof of work. This means you will need to send paperwork more often.
- If you do not submit paperwork, your coverage will stop.

*Some exemptions are possible for certain populations meeting federal rules, such as: Foster care youth under age 26, Caregivers (parent, guardian, or family caregiver of a dependent child under age 13 or a disabled individual), disabled veterans, disabled individuals, and pregnant & post-partum people.*

## Are there changes for immigrants?

- Some non-citizens may have changes to coverage starting October 1, 2026.
  - Some people may keep full Medicaid; others may only get emergency medical coverage.
  - If this affects your family, contact Michigan Medicaid right away.
- 

### What should I do right now?

- ✓ Check your mail
- ✓ Update your address and phone number
- ✓ Log into [MI Bridges](#)
- ✓ Save all Medicaid letters
- ✓ Ask for help if you are confused

### Reminder:

Do not ignore  
Medicaid letters.

*Staying updated helps  
protect your health  
coverage.*

## Who can help me?

- **The Guidance Center:** Just let us know if you need support or have questions, we are here to help!
- **MI Bridges:** Log into your account, see frequently ask questions, find community resources and more.





# What do I need to know about the new rules for SNAP Benefits?

**SNAP** (Supplemental Nutrition Assistance Program) benefits are federal funds that supplement the food budget of low-income households, provided monthly via an EBT debit card.

**H.R. 1** is a new federal law that changes employment and eligibility rules.

---

## What is changing for SNAP Benefits?

Starting May 2026, changes include:

### Expanded Work Requirements:

- Adults without disabilities are limited to three months of SNAP in a three-year period unless they document that they are **working at least 80 hours per month**.
- Exemptions for veterans, homeless individuals, and former foster youth have been **removed**.
- If you do not meet requirements, your coverage will stop.

*Some exemptions are still available for people meeting federal rules: Parents of children under 14, Adults age 65 and older, and Tribal citizens.*

### Limitations on availability of benefits for immigrants:

- H.R. 1 eliminated SNAP eligibility for most lawfully present immigrants, except green card holders and U.S. citizens.
- Immigrants losing SNAP eligibility include those whose lawful status was granted based on humanitarian concerns, such as refugees, asylees and trafficking survivors.
- Undocumented immigrants remain ineligible for SNAP

## Who can help me?

- **The Guidance Center:** Just let us know if you need support or have questions, we are here to help!
- **MI Bridges:** Log into your account, see frequently ask questions, find community resources and more.

