



## The Guidance Center

### Understanding Supports Coordination

#### Understanding Your Supports Coordination Services:

As a recipient of Intellectual and Developmental Disability services at The Guidance Center, you will be assigned a Support Coordinator at the time of your intake. Supports Coordination services are intended to help you design and implement an individualized plan to help you meet your needs, and pursue your hopes and dreams for the life you want. Support Coordinators work with you to assure all necessary supports and services are provided.

Your Support Coordinator will work with you to:

- Assess your strengths and needs.
- Develop a Person Centered Plan that defines your specific goals, the services you need, and how you would like those services to be delivered.
- Coordinate your services within The Guidance Center.
- Link, coordinate, follow-up, advocate with, and/or monitor Specialty Services and Supports and other community services/ supports.
- Assist with accessing entitlements and/or legal representation.
- Coordinate with the Medicaid Health Plan, Medicaid fee-for-service, or other health care providers.
- Identify and overcome any barriers to receiving services and meeting your needs.
- Monitor and review your progress.
- Adjust your Person Centered Plan when your needs change.
- Facilitate crisis planning including, identifying the process for after-hours contact.
- Assist with crisis Intervention, discharge planning, including community supports after hospitalization.

Your assigned Support Coordinator is your link to your treatment team at The Guidance Center. He or she is responsible to help you develop your initial Person Centered Plan within 30 days of your intake. Your Person Centered Plan will document who will be included on your team and what they will do. Your Support Coordinator will communicate with other members of your team on a regular basis to ensure that your services are delivered in a coordinated manner.