

# Directory of Services



Serving 21 Downriver communities and all of Wayne County

[www.guidance-center.org](http://www.guidance-center.org)



# Early Childhood Education Services

**Early Head Start** For children birth–3 years old and for expectant mothers promoting prenatal education, growth & health information, and parenting education.

**Head Start** For children 3–4 years old promoting school readiness by enhancing social and cognitive development.

## Early Childhood Prevention Services

**Community Resource Centers** Provide a variety of services to the community including Clothing Closet, Diaper Depot, Home Decor, Toy Chest, and much more, allowing families the opportunity to shop independently for their needs.

**Family Literacy Events** Promote literacy in young children, with a feature book and tailored activities for families. These quarterly events provide entertainment, resources, and helpful information to encourage reading.

## Infant & Early Childhood Mental Health Services

Home-based support and therapeutic services for infants, toddlers, and preschoolers birth through 5 and their caregivers. Our goal is to support the parent-child relationship and the child's optimal development at home, school, and in the community.

## Nurture the Future

Free workshops for parents and caregivers of children from birth through young adulthood with access to a variety of tools including support groups, family-centered activities, and informational resources.



# Children & Youth

## Behavioral Health Services

**Children's Outpatient Program** Office-based individual, family and group therapy, case management, nursing & psychiatric services, Youth in Transition.

**Home-Based Program** Intensive therapeutic and case management services provided in the home or community as well as office-based nursing and psychiatric services.

**Wraparound** Services for children & youth who are involved in child-serving systems.

**Treatment Foster Care Oregon (TFCO)** Serving youth ages 7-11 in a therapeutic home with severe emotional and behavioral disorders.

## Kids-TALK Children's Advocacy Center (CAC)

Forensic interviewing, advocacy, medical evaluations, and mental health services for child victims of alleged abuse, neglect, or trauma. Child abuse prevention and education.

## Positive Youth Development

**Juvenile Justice Services** Home-based intensive case management, substance abuse, mental health services.

**Prevention and Diversion** Substance abuse prevention, Healthy Downriver Coalition, and programs for at-risk youth.



# Adult Services

## Behavioral Health Services

**Intake and assessment**

**Mental health treatment** Outpatient individual, group & family therapy, peer support.

**Substance use treatment** Outpatient individual, group and family therapy, or intensive outpatient treatment, and recovery coaching services.

**Co-occurring treatment** Mental health and substance use treatment services.

**Recovery support** Peer support specialists and recovery coaches with lived recovery experience help strengthen and sustain recovery.

**Case management** Community resources to meet basic needs and help to access these resources independently.

## Psychiatry & medication management Specialized Programs

Assertive Community Treatment

Dialectic Behavioral Therapy

Cognitive Enhancement Therapy

Individual Placement and Support

Trauma Recovery & Empowerment Model Groups

Medication Assisted Treatment

Substance Use Disorder Health Home Services

Integrated Dual Disorder Treatment Services

Health and Wellness Groups

Behavioral Health Home Program



# Intellectual & Developmental Disabilities Services for all ages

**Support Coordination** Linking and monitoring of varying services provided through Medicaid. Advocates for person within their school and community. Defines medically necessary services and monitors the person's needs and use of these services.

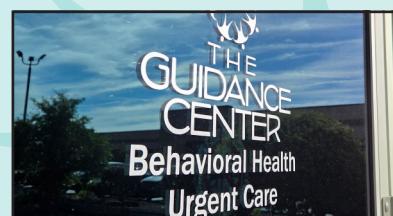
**Psychiatric services** Psychiatric evaluation, medication monitoring, and nursing services.

**Psychology/Therapy** Individual, family, and group therapy services provided based on individual's need. Positive behavior supports plans are also available for caregivers to help build coping skills and improve social interaction.

**Speech, Occupational, and Physical Therapy** Provided by referral.

**Community Living Supports & Respite Services** Provided by referral. Monitoring of services provided through Supports Coordination.

**Vocational & Skill Building services** Provided by referral. Includes vocational skill building, job readiness training, and assistance with job placement and retention.



## Behavioral Health Urgent Care

The Guidance Center's Behavioral Health Urgent Care (BHUC) provides specialized services for adults and children 6+ who need assistance with mental health and/or substance use, regardless of insurance. Whether you are experiencing mental health symptoms for the first time or managing a long-standing mental health condition, we are here to assist you.

In 2021, the Michigan Department of Health and Human Services selected The Guidance Center as the first mental health and substance use service provider in Wayne County to participate in its **Certified Community Behavioral Health Clinic (CCBHC)** demonstration. CCBHCs provide a comprehensive array of services for people of all ages with mental health and substance use disorders, regardless of insurance coverage, their ability to pay, or the severity of their needs. CCBHC demonstration sites must meet more than 125 national quality of care standards.

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**Community Partnerships:** The Guidance Center collaborates with local drug treatment and sobriety courts, veterans courts and mental health courts, the Wayne County Probate Court, Western Wayne Family Health Centers, Genoa Pharmacy and local police departments.

**Sliding Fee Scale:** For people who are uninsured or are eligible for services that are not covered by their insurance, The Guidance Center has a sliding fee scale that is based on income, federal poverty guidelines, and other factors.

**24-Hour Crisis Support:** If you are receiving mental health or substance use disorder services at The Guidance Center and are experiencing a personal crisis at any time of the day or night, a member of our team is available to assist you. Please call 734-785-7700.

**Services for Veterans, Members of the Armed Forces and Their Families:**

We are proud to serve veterans, members of the Armed Forces and their families, who have provided dedicated service to our country. We accept Tricare insurance as well as commercial insurances, Medicaid and Medicare, and also serve people who are uninsured.

**Translation Services:** We want everyone in the community to feel welcome and have access to our services. We have several bilingual staff and also provide translation services at no cost in all languages, including American Sign Language.

**A Welcoming Environment:** We welcome members of the LGBTQ+ community as well as people of all ages, races, ethnicities, and abilities. Our facilities are conveniently located and fully accessible for people with physical challenges. We have a diverse team of staff in order to provide the best, most holistic care possible to the people we serve.

**Schedule an Appointment:** To schedule an appointment at The Guidance Center please call 734-785-7700.

**Customer Service Phone Number:** To reach our Toll-Free Customer Service phone line please call 844-820-4819 | Monday - Friday 8:30-5:00 p.m.

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[www.guidance-center.org](http://www.guidance-center.org)  
**734-785-7700**