



THE GUIDANCE CENTER

Directory of Services

Nurture development.

Foster resilience.

Cultivate well-being.



NURTURE THE FUTURE

SERVING 21 DOWNRIVER COMMUNITIES AND ALL OF WAYNE COUNTY



Early Childhood

Education Services

Early Head Start — for children birth–3 years old and for expectant mothers promoting prenatal education, growth & health information, and parenting education.

Head Start — for children 3–4 years old promoting school readiness by enhancing social and cognitive development.

Great Start Readiness Program — preschool programming for 4-year-old children who may be at risk of school failure.

Infant & Early Childhood Mental Health Services

Home-based support and therapeutic services for families expecting a child and for infants, toddlers, and preschoolers through age 6 and their families. Our goal is to support the parent-child relationship and the child's optimal development at home, school and in the community.

Support Services

Adult/Child Playgroups

Community Resource Centers — Lending library, literacy events, Clothing Closet, Diaper Depot, food assistance, and more.

Parents As Teachers — home visits to support developmental growth of children birth to 4 years old.



Children & Youth

Behavioral Health Services

Children's Outpatient Program — Office-based individual, family and group therapy, case management, nursing & psychiatric services, Youth in Transition.

Home-Based Program — Intensive therapeutic and case management services provided in the home or community as well as office-based nursing and psychiatric services.

Wraparound — A family-driven team-based planning process that coordinates services to meet the complex needs of children & youth who are involved in child-serving systems (e.g. mental health, child welfare, juvenile justice) and with intellectual & developmental disabilities.

Children's Crisis Screening — Assessment and referral for children & youth experiencing a potential psychiatric crisis.

Kids-TALK Children's Advocacy Center (CAC)

Forensic interviewing, advocacy, medical evaluations, and mental health services for child victims of alleged abuse, neglect, or trauma. Child abuse prevention and education provided in schools and other settings.

Positive Youth Development

Juvenile Justice Services — Home-based intensive case management, substance abuse and mental health services (including Multi-Systemic Therapy) for youth adjudicated in the 3rd Circuit Court.

Prevention and Diversion — Including substance abuse prevention, school-based and community-based programs, mentoring, the SUDDs (Stop Underage Drinking/Drugs Downriver) Coalition, and programs for at-risk youth.



Adult Services

Adult Behavioral Health

Outpatient Services - Office-based individual, family and group therapy, case management, nursing & psychiatric services, and skill-building services.

Peer Support Services - Support, skill-building and assistance delivered by someone with lived experience going through the mental health and/or substance use recovery process.

Supported Employment - Assessment, job placement and support services.

Assertive Community Treatment - Intensive home and community-based advocacy and case management services utilizing a team-based treatment approach.

Dialectical Behavior Therapy - Intensive therapy for individuals with borderline personality disorder.

Community Recovery

Workshops to promote recovery and develop skills to promote health and well being.

Substance Use Disorders

For adults and adolescents with difficulties directly related to drug and/or alcohol use and dependency. Provides both adult and adolescent outpatient and intensive outpatient services as well as individual and group therapy.



Intellectual & Developmental Disabilities

Services for all ages

Support Coordination — Linking and monitoring of varying services provided through Medicaid. Advocates for person within their school and community. Defines medically necessary services and monitors the person's needs and use of these services.

Psychology — Guardianship testing and advocacy in the court system. Psychological testing is provided to determine continued eligibility of services and information on person's abilities.

Psychiatric services — Psychiatric evaluation, medication monitoring, and nursing services

Therapy — Individual, family, and group therapy services provided based on individual's need.

Speech, Occupational, and Physical Therapy — provided by referral.

Community Living Supports & Respite Services — provided by referral. Monitoring of services provided through Supports Coordination.

Vocational & Skill Building services — provided by referral. Includes vocational skill building, job readiness training, and assistance with job placement and retention. Our Center for Working Families assists individuals and families through financial literacy and coaching to achieve economic stability and success in achieving their financial goals.

Autism Services — A full range of services including Autism Benefit and Applied Behavioral Analysis for children 18 mos - 12 yrs beginning with the initial assessment through to ongoing service delivery. Specialized Supports Coordination provided to assist children and family with service provision.

The Guidance Center was awarded a Certified Community Behavioral Health Clinic (CCBHC) grant to implement a new national model of behavioral health care and addiction treatment services.

Sliding Fee Scale: For people who are uninsured or are eligible for services that are not covered by their insurance, The Guidance Center has a sliding fee scale that is based on income and other factors.

24-Hour Crisis Support: If you are receiving mental health or substance use disorder services at The Guidance Center and are experiencing a personal crisis at any time of the day or night, a member of our team is available to assist you. Please call 734-785-7700.

Evening and Weekend Hours: We have both evening and weekend hours available in our outpatient mental health and substance use disorder programs.

Services for Veterans and Members of the Armed Forces and their families: We are proud to serve Veterans, members of the Armed Forces and their families, who have provided dedicated service to our country. We accept Tricare insurance as well as commercial insurances, Medicaid and Medicare, and also serve people who are uninsured.

Translation Services: We want everyone in the community to feel welcome and have access to our services. We have several bilingual staff and also provide translation services at no cost in all languages, including American Sign language.

A Welcoming Environment: Inclusion is very important to us. We welcome members of the lesbian, gay, bisexual, transgender and questioning (LGBTQ) community as well as people of all ages, races and ethnicities, and abilities. Our facilities are conveniently located and fully accessible for people with physical challenges. We have a diverse team of staff with various degrees, training and experience in order to provide the best, most holistic care possible to the people we serve.

Schedule an Appointment: To schedule an appointment at The Guidance Center please call 734-785-7700.

Customer Service Phone Number: To reach our Customer Service phone line please call 734-785-7700 x7772 or x7164.

Our Vision

The Guidance Center will be an innovative leader in programs, community engagement, and collaboration to create a vibrant future for those we serve.



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