

Adult Behavioral Health-Assertive Community Treatment Services

Services Overview

Assertive Community Treatment (ACT) is an *Evidence-Based* practice with a set of intensive clinical, medical and psychosocial services provided by a mobile multi-disciplinary treatment team. Assertive Community Treatment services are based on the principles of recovery and person centered practice, and are individually tailored to meet the needs of the beneficiary. Services are targeted to clients with serious mental illness, who require intensive services, supports, and who without ACT would require services that are more restrictive and/or settings.

The **Assertive Community Treatment** team is the fixed point of responsibility for the development of the IPOS, and for supporting clients in all aspects of community living. Services are provided by all members of the ACT team in the client's residence or other community locations. Team meetings occur Monday through Friday and attended by all members. The daily schedule is organized and contacts scheduled. The Assertive Community Treatment team requires a sufficient number of qualified staff to assure the provision of an intensive array of services on a 24-hour basis.

Service Hours

- Office hours are from 8:30 am to 5:00 pm.

Emergency Care Service and/or After Hour Emergency Assistance

- Clients contact 1-888-711-5465, after hours or any member of the ACT team.

Types of Services Provided

- Perform a Biopsychosocial assessment prior to initial visit. The Biopsychosocial assessment refers to a series of questions asked at the beginning of treatment of an individual that obtain information about the major physical (bio), psychological, and social issues of the individual. Questions covering the biological sphere could include any history of disease, addiction, surgeries, medication use, and family history of illness. Sociological questions may concern family, living arrangements, relationships, finances, and stability of work, home, and school arrangements. Psychological assessment could have questions that cover the presence of psychiatric illness, strong stressors like recent bereavements, and risk of suicide.
- Explore the client's goals and need for Mental Health treatment using the "Person-Centered" Care methodology.
- ACT clients receive a Biopsychosocial Assessment, prior to the completion of the treatment plan.
- Provide a Treatment plan (Plan of Care) which lays out specific directives along with dates of onset/completion, termination, person handling the task, person(s) associated with the task, etc.
- Compare the pre-planning form to the Treatment Plan and document any changes between the two.

Types of Services Provided *(continued)*

- Provide clients with referrals and assistance for a variety of needs such as food, clothing, housing, transportation, and medication/prescription assistance, Medicaid application/issues, applying for SSI/SSDI, referrals for individual/group therapy, and supported employment.
- Participate in the hospital discharge plan and coordinate Aftercare treatment for the client.
- Offer Crisis plan, if needed.

Services Association

- Report to ACT Supervisor and in their absence to the Adult Behavioral Health Director.

Eligibility Requirements

- Clients who are from the age of 18 and older.

Condition of Services

- Non-adherence to the treatment plan warrants a discussion and interdisciplinary team meeting to discuss and determine, if the client wishes to continue in the program or be transferred to another service, internally or to an external agency.

Fee for Service Payment & Insurance Coverage Structure

- Accept Medicaid or a combination Medicaid and Medicare (Dual Insurance).

Referral Process & Requirements

- The referral process is a 3-step process.
 - 1) A three (3) page ACT Questionnaire must be completed and discussion of how the client would benefit from ACT services, their need for this level of intensity and what has transpired in the past that led to this decision would occur. Because this is a voluntary program, clients must be willing to meet with all team members for home visits
 - 2) Once the case is discussed, a home visit is scheduled to further assess the client needs and to ensure that they understand the intensity of the program.
 - 3) If accepted into the program, staff is notified to complete the necessary transfer paperwork, along with a Staff Change Form and clients are seen within 48 hours of acceptance.

Please note: A referral does not equate to acceptance into the program. If accepted, a Letter of Introduction is sent to the client.

Referral Process & Requirements *(continued)*

- ACT Questionnaire, discussion, home visit for a further assessment and justification for need for this level of intensity.
- Referrals are received from Intake and other programs within the agency.

Process After Client Has Received Services.

- Clients in the Assertive Community Treatment program can stay as long as it is medically necessary. If discharged, they are referred internally or to an external agency, unless they request discharge.

Acronyms

ACT – Assertive Community Treatment

IPOS – Individual Plan of Service

SSDI – Social Security Disability Insurance

SSI – Social Security Insurance

IMR – Illness Management & Recovery

Forms

ACT questionnaire

ACT Information sheet

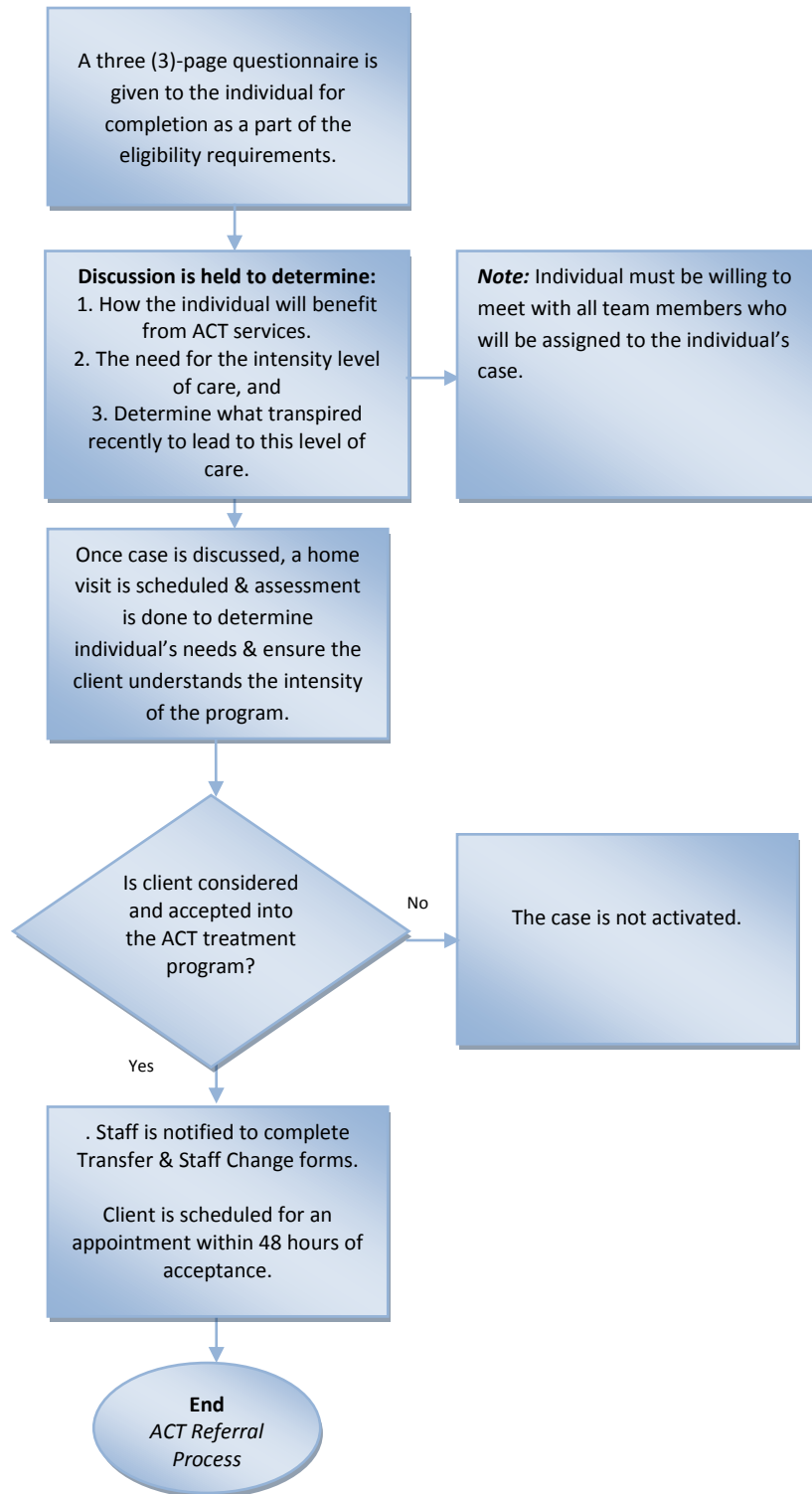
ACT Treatment Contract

Assessment for continued need for ACT

Transfer between Programs

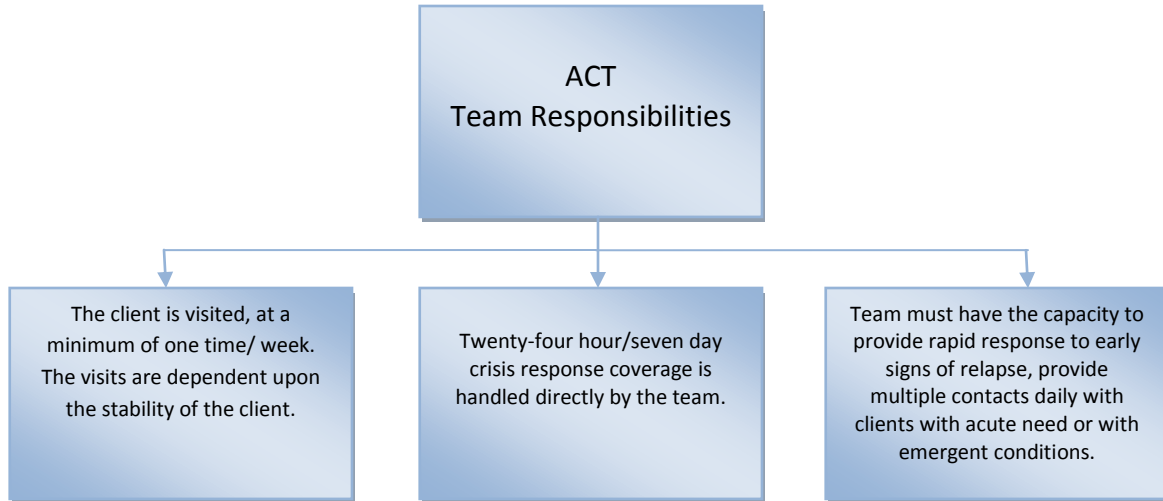
Staff Program Change form

Assertive Community Treatment (ACT) Referral Process



Note: A referral does not equate to “Acceptance” into the program. If accepted, a “Letter of Introduction” is sent to the client.

Assertive Community Treatment (ACT) Team Responsibilities



Assertive Community Treatment (ACT) *Discharge Process*

